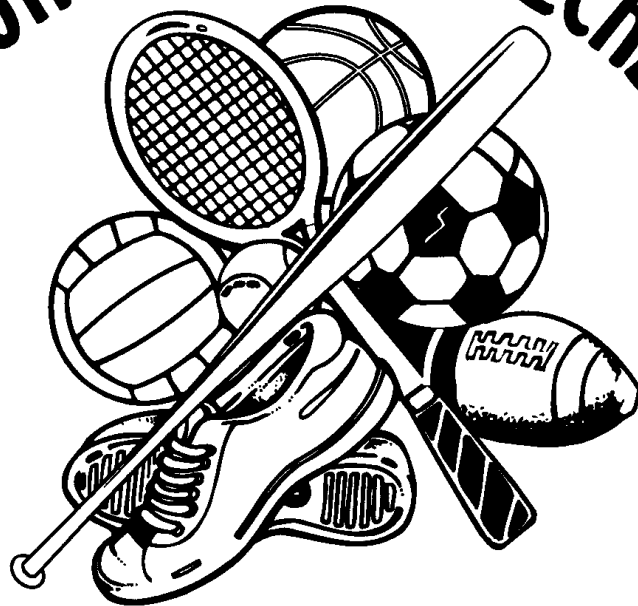


SOUTHBURY PARKS & RECREATION



== FRIENDS N' FUN ==

FALL 2003 ACTIVITY SCHEDULE



RECREATION INFO-LINE 264-5858

Town of Southbury Home Page

<http://ci.southbury.ct.us>

Come visit us there

MAIL IN REGISTRATION ONLY BEGINS SEPTEMBER 29th

Note: No registration post-marked prior to Monday, September 29th, will be accepted.

Includes all programs except Community Swimming, Open Gyms & Basketball.

Procedure:

- ◆ Registration forms available at Recreation office, 421 Main Street South.
- ◆ Please enclose one form per person plus separate checks for each class.
- ◆ You are enrolled unless otherwise notified.
- ◆ No acknowledgement of registration mailed will be made.

NO WALK-IN REGISTRATION UNTIL OCTOBER 6TH

WEEKDAYS, 9AM - 4 PM AT THE RECREATION OFFICE

FEES MUST BE PAID AT TIME OF REGISTRATION

GENERAL INFORMATION

REFUND POLICY

TRIPS: There are NO REFUNDS for any trip unless the Recreation Department cancels the trip.

- ◆ CRAFT CLASSES: There are no refunds for craft classes.
- ◆ OTHER PROGRAMS: NO REFUNDS ARE POSSIBLE AFTER THE 1st CLASS HAS MET. Prior to first class meeting 50% of registration fee (maximum of \$10.00) is non-refundable.

CANCELLED CLASSES

- ◆ If schools are cancelled due to bad weather or holidays, all programs held within the schools are canceled. Use the INFO-LINE, 264-5858 to confirm schedule.

NON-RESIDENTS

REGISTRATION FOR NON-RESIDENTS: BEGINS October 14. Selection is limited.

Fees are doubled where applicable. Trips are open to non-residents

Call the Parks & Recreation office for more information.

- ◆ IF YOU NEED ACCOMMODATION FOR A PHYSICAL DISABILITY, CALL 264-5858

BOYS & GIRLS BASKETBALL FALL 2003 - 2004 * GRADES 3 - 12

REGISTRATION THRU FRIDAY, OCTOBER 10, 2003 \$50.00/ CHILD

LATE FEE OF \$25.00 WILL BE APPLIED AFTER OCT. 10, 2003

BOYS/GIRLS BASKETBALL 2003-2004 CLINIC/ EVALUATIONS

The purpose of these clinics/evaluations are to satisfy the need for equal teams play. To help our season be a success, we ask that ALL players attend at least one clinic.

3rd Grade Girls: Tues., Oct.14 & Thur., Oct.16, 6:00-7:00 pm, PES Gym
 4th Grade Girls: Tues., Oct.14 & Thur., Oct.16, 7:00-8:00 pm, PES Gym
 5th & 6th Grade Girls: Tues., Oct.21 & Thur., Oct.23, 6:00-8:00 pm, RMS Gym
 7th & 8th Grade Girls: Tues., Oct.21 & Thur., Oct.23, 8:00-10:00 pm, RMS Gym
 High School Girls: Friday, Oct. 24, 2003 6:00 -8:00 pm, RMS Gym

3rd Grade Boys: Wed., Oct. 15 & Fri., Oct. 17, 6:00-7:00 pm, PES Gym
 4th Grade Boys: Wed., Oct. 15 & Fri., Oct. 17, 7:00-8:00 pm, PES Gym
 5th & 6th Grade Boys: Mon., Oct. 20 & Wed. Oct. 22, 6:00-8:00 pm, RMS Gym
 7th & 8th Grade Boys: Mon., Oct. 20 & Wed. Oct. 22 8:00-10:00 pm, RMS Gym
 High School Boys: Friday, Oct. 24, 2003, 8:00 -10:00 pm, RMS Gym



GENERAL INFORMATION

- ◆ Coached are needed, sign up or call the Parks & Recreation office at 264-5858
- ◆ League practices and game schedules will be determined after registration
- ◆ Forms available at the Parks & Recreation Office

BOYS/GIRLBASKETBALL TRAVEL SQUAD, GRADES 5 - 8

Highly competitive travel teams open to boys and girls in Grades 5-8. Will compete against towns such as New-town, Redding, Ridgefield, Bethel, Monroe & New Milford, etc. Season runs from November through March.

Schedules will be announced at a later date. For more information, call 264 -5858.

Recommended that players attend BOTH tryout dates.

TRAVEL - BOYS TRY-OUTS - RMS GYM



5th Grade Boys: Mon., Oct. 6 & Wed. Oct. 8 - 6:00 p.m. - 8:00 p.m.
 6th Grade Boys: Tues., Oct. 7 & Thurs, Oct 9 - 6:00 p.m. - 8:00 p.m.
 7th Grade Boys: Mon., Oct. 6 & Tues., Oct 7 - 8:00 p.m. - 10:00 p.m.
 8th Grade Boys: Wed, Oct. 8 & Thurs, Oct 9 - 8:00 p.m. - 10:00 p.m.

TRAVEL- GIRLS TRY-OUTS - RMS GYM

5th & 6th Grade Girls: Fri., Oct 10 & Sat., Oct. 11 - 6:00 - 8:00 pm (Fri.) & 9- 11 am (Sat.)
 7th & 8th Grade Girls: Fri., Oct 10 & Sat., Oct. 11 - 8:00 - 10:00 pm (Fri.) & 11 am-1 pm(Sat.)

Registration fee of \$150.00 will be paid upon making the team

****PLEASE NOTE REGISTRATION FOR TRAVEL TEAMS ENDS ON RESPECTIVE TRYOUT DATES****

SPECIAL EVENTS

SOUTHBURY CELEBRATION 2003!

FIREWORKS! FOOD! MUSIC! FUN! In addition to the fireworks, you'll be treated to music provided by "Dance Committee". Food will be provided by area restaurants, and community organizations. Fire equipment and vehicles will be provided by the Volunteer Ambulance & Fire Departments. Bring your blankets or lawn chairs and join in the celebration at Stibbs Lake at the Southbury Training School.

Date: Saturday, Oct 4th (rain date, Sun 10/5)

Time: 5:30-7:30 p.m. Food, Music
7:30 Fireworks



ANNUAL TREE LIGHTING

SATURDAY, DECEMBER 6 at 5:00 PM

Come to the 12th Annual Holiday Tree Lighting at the Memorial Green (next to the Southbury library). Come see the lighting of Santa's runway & join in the singing to greet Santa, in co-operation with Cub Scout Pack #61.



TOWN DAYS AT QUASSY

September 27 & 28, 2003

Park Opens at Noon

Parking \$4.00 / Car

Admission to

Amusement park free With valid license

GUEST FEE OF \$5.50



FLAG FOOTBALL !!! NEW !!!

Southbury Parks & Recreation has created a NEW Youth Co-Ed Flag Football League for Boys & Girls in grades 5th thru 8th. Registration has begun & will continue until Oct. 3rd, 2003. Register at the Parks & Rec. office. The fee is \$25.00 per child. The league will consist of one practice & one game a week. For about 8 weeks. Coaches & volunteers needed.

Any questions call Parks & Rec. @ 264-5858



OPEN SWIM



Pomperaug High School pool will open for the season on Monday, October 6, 2003 through March 31, 2004**. The pool schedule is as follows: Sat* & Sun. 1:00 - 4:00 p.m.; Mon/Tues/Wed. from 7:30 - 9:30 p.m. Pass required for admission - no cash will be accepted on site. All passes must be obtained at the Recreation Office. Proof of residency required for purchase of pass. Hours are subject to change.

Check the Info-Line 264-5858.

Look for monthly cancellations.

Additional days Mon., Tues. & Wed. Apr. 5, 6, 7, 12, 13 & 14

Saturdays* - beginning on January 10, 2004

Fees:	Family	\$45.00
	Single	\$30.00
	Senior	\$12.00

HOLIDAY ACTIVITIES

HOLIDAY CERAMICS FOR HALLOWEEN

For ages 6 & up.

Location: Town Hall Annex
Date: Fri, Oct 24, 2003
Time: 5:00-6:15 p.m.
Fee: \$15.00/Child
Code: 42100A



HOLIDAY CERAMICS FOR THANKSGIVING

For ages 6 & up.

Location: Town Hall Annex
Date: Fri, Nov 21, 2003
Time: 5:00-6:15 p.m.
Fee: \$15.00/Child
Code: 42101A



HOLIDAY CERAMICS FOR CHRISTMAS

For ages 6 & up.

Location: Town Hall Annex
Date: Fri, Dec 19, 2003
Time: 5:00-6:15 p.m.
Fee: \$15.00/Child
Code: 42102A



HOLIDAY MADNESS WITH "MRS. D" AGES 4 & 5

LOCATION: THA Arts & Crafts Room
TIMES: 9:30 A.M. - 10:15 A.M.
OR 1:00 P.M. - 1:45 P.M.
FEE: \$ 15.00/ child per class
Mon, Dec 1: Gingerbread Men Swags
Tues, Dec 2: Wood Stick Santas
Wed, Dec 3: Snowman Door Hangers
Thurs, Dec 4: Reindeer Magnets
Mon, Dec 8: Cone head Mice
Tues, Dec 9: Wooden Angel Ornaments
Wed, Dec 10: Candy Pot Santas
Thurs, Dec 11: Bleach Bottle Penguins

HOLIDAY MADNESS WITH "MRS. D" Holiday projects with instructor Jan DuBois.

Location: THA Arts & Crafts Room
HALLOWEEN MR. PUMPKIN

Dates: Wed, Oct 22, 2003
Time: 9:30 - 10:15 AM - Ages 4 & 5
Code: 42103A
Time: 1:00 - 1:45 pm - Ages 4 & 5
Code: 42103B
Time: 4:00 - 4:45 pm - Ages 6-9
Code: 42103C

THANKSGIVING MR. TURKEY

Date: Wed, Nov. 19, 2003
Time: 9:30 - 10:15 AM - Ages 4&5
Code: 42104A
Time: 1:00 - 1:45 pm - Ages 4&5
Code: 42104B
Time: 4:00 - 4:45 pm - Ages 6-9
Code: 42104C
Fee: \$15.00 / child



HOLIDAY MADNESS WITH "MRS. D" AGES 6 - 9

LOCATION: THA Arts & Crafts Room
TIMES: 4:00 - 4:45 P.M.
FEE: \$ 15.00/Child per class
Mon, Dec 1: Gingerbread Men Swags
Tues, Dec 2: Maddy's Clay pot Snowman
Wed, Dec 3: Coffee Can Snowman
Thurs, Dec 4: Christmas Wreath Trio
Mon, Dec 8: Snowman Chalk Board
Tues, Dec 9: Mr. Christmas Tree
Wed, Dec 10: Snowman Wreath
Thurs, Dec 11: Chenille Penguins

KIDS' KORNER

LITTLE SCIENTISTS AGES 3 - 5

Using the latest educational techniques, this innovative hands-on program is designed to stimulate imagination, satisfy curiosity and encourage an interest in science.

Location: Town Hall Annex
Date: Wed., Oct 15 - Dec. 3
Time: 4:00 - 4:45 p.m.
Fee: \$98.00/ Child
Code: 42200A



MUNCHKIN MORNING AGES 3 - 5

Children will meet for fun; games, storytelling, music, snack, arts & crafts, group play and more. The instructor is Louise Mansour.

Children must be toilet trained.

Location: Southbury Town Hall Annex
Date: Mon Oct 20- Nov. 24
Code: 42302A OR
Date: Wed., Oct 22- Nov 26
Code: 42302B
Time: 9:30 a.m. - 11:00 a.m.
Fee: \$35.00/Child



KID-DOODLES- AGES 4 & 5

Six weeks of fun, arts & crafts activities for the 4 and 5 year old. Please bring a smock. Instructor is Jandi Dubois.

Location: THA Arts & Crafts Room
Date: Thurs, Oct 16 - Nov 20
Time: 9:30 - 10:15 a.m. Code: 42105A
Time: 10:30 - 11:15 a.m. Code: 42105B
Time: 1:00 - 1:45 p.m. Code: 42105C
Fee: \$30.00/child

INTRODUCTION TO BALLET Ages 4-5

Basics of Ballet taught by Sibley Morosco. White leotard, pink tights and pink ballet slippers.

Location: Main St. Ctr. for the Arts
Woodbury, CT
Dates: Mon, Oct 20 - Nov. 24,
Times: 9:30 - 10:15 am
Code: 42500A Fee: \$40.00



COMPUTER TOTS - AGES 3 - 5

"Technology Camp", this national program has been developed by educators to engage inquisitive minds & has been featured on CNN & in Parents Magazine. Children will create take home print projects using computers combined with digital cameras, interactive play-sets & other peripherals. Each session has a different theme & uses different software. Please bring a snack

Location: Town Hall Annex
Dates: Session 1 Fri., Oct. 17, 24 & 31
Code: 42504A OR
Dates: Session 2 Fri., Nov. 7, 14 & 21
Code: 42504B
Times: 9:30 am - 11:30 am
Fee: \$83.00 per session



KIDS' KORNER

COLORIFIC - AGES 3-5

Exploring & learning the basics of shapes, colors & numbers thru music, art & storytelling. Instructor is Teresa Paternoster. Children must be toilet trained.

Location: Town Hall Annex

Dates: Mon., Oct. 20 -Nov., 17

Times: 11:30—12:30 pm

Code: 42303A

Fee: \$30.00



TUMBLING TOTS AGES 2 -4 w/adult

Children will experience motor enhancing class that includes music, co-ordination building & basic tumbling. Come & enjoy 45 minutes of movement & fun ! Instructor is Maria Lynn Hornak.

Location: Southbury Academy of Karate & Fitness

Time: 10:15 - 11:00 am

Dates: Wed., Oct. 15 - Nov. 19

Code: 42503A

Fee: \$67.00 per child/ adult



INTRODUCTION TO TUMBLING

AGES 4 1/2 -6 YRS

Students will learn basic gymnastics, stretches, positions & tumbling skills in a fun & safe environment. Instructor is Maria Lynn Hornak.

Location: Southbury Academy of Karate & Fitness

Dates: Thurs., Oct. 16 - Nov. 20, 2003

Times: 1:00—1:45 pm

Code: 42505A

Fee: \$67.00



CREATIVE MOVEMENT 3 1/2-4 YEARS

Designed for the independent child, this class is an introduction to music & movement with instructor, Sibley Morosco.

Location: Main Street Center for the Arts
Woodbury, CT

Dates: Fridays, Oct. 17 - Nov. 21, 2003

Times: 10:30 - 11:15 a.m.

Code: 42502A

Fee: \$30.00



COLOR-ME-CREATIVE NEW !!

Ages 2 1/2 - 5 Years with Adult

Join us for this program that uses peanut putter, finger paints, modeling clay & every imaginable medium to stir the creative impulse in your preschooler. Children learn to creatively interact & play with parents in this fun filled class. Complete a project each week with instructor Michele Gasiewski.

Location: Town Hall Annex

Dates: Tuesdays, Oct. 14—Dec. 9, 2003

(No class 11/11)

Times: 9:30 - 10:15 a.m. Code: 42204A

OR 10:30 - 11:15 a.m. Code: 42204B

Fee: \$70.00



YOUTH ACTIVITIES

BABY-SITTING BASICS-GRADES 5-8

This course covers care, first aid, home safety, and entertainment with participation from local police, fire and health departments. Red Cross certification in Infant/Child CPR - Nov. 17, 2003 from 6:30 p.m. - 9:30 p.m. at Town Hall Annex. Instructor is Teresa Paternoster.

Location: Town Hall Annex

Dates: Mon, Oct 20 - Nov 17

Times: 6:30 - 7:30pm CODE: 42700A OR

7:30 - 8:30pm CODE: 42700B

Fee: \$65.00



INFANT/CHILD CPR RE-CERTIFICATION

This re-certification course is for individuals with a current Infant/Child CPR card about to expire or within 3 months of expiration. A total review will be given along with hands on for practical participation. All CPR cards are valid for one year. Instructor is Terri Schmidt, Northwest EMS.

Location: Town Hall Annex

Date: Tues., Nov. 18

Time: 6:30 p.m. - 9:30 p.m.

Fee: \$ 40.00/child

Code: 42701A



!! NEW !!

INTRODUCTION TO HORSEBACK RIDING

Basic guidance in control at the walk & trot. Beginning students will learn basic horse care, handling & saddling. Shoes with a heel & long pants are required! Instructor is Cindy Mooney.

Location: Four Green Field Farm, Woodbury, CT

Dates: Sat., Oct., 18 - Nov., 8, 2003

Times: 9 am - 10 am Code: 42601A OR

1 pm - 2 pm Code: 42601B

Fee: \$140.00



CREEPY CRAWLIES - AGES 6 - 8 years

Children will become "little entomologists" as they explore the wonderful world of insects & spiders. A variety of activities & projects make this one hour "fly" by. Instructor is Michelle Ingraham.

Location: Town Hall Annex

Dates: Wednesdays, Oct 15 - Nov. 12

Times: 4:00 pm to 5:00 pm

Fee: \$50.00

Code: 42203A

SWIM LESSONS

(For Students With Special Needs)

Lessons for both beginners and advanced swimmers. Register at either Southbury or Middlebury Parks & Recreation. Ages 5 - 25.

REGISTRATION DEADLINE IS OCTOBER 10.

Location: PHS Pool

Dates: Thurs, Oct 23 - Dec 4
(No class on 11/27)

Time: 7:30 - 8:30 p.m.

Fee: \$47.00

Code: 42800A



SWIM TRAINING FOR SPECIAL OLYMPICS

AGES 5 - 25

Competitive swim instruction for Southbury/Middlebury students. Participants must be able to swim length of the pool unassisted.

Register through respective Recreation Departments.

REGISTRATION DEADLINE IS OCTOBER 10.

Location: PHS Pool

Dates: Thurs, Oct 23- Dec 4
(No class 11/27)

Time: 7:30 - 8:30 p.m.

Fee: \$47.00/Person

Code: 42801A



YOUTH ACTIVITIES

LITTLE SCIENTISTS K - GRADE 2

Using the latest educational techniques, this innovative hands-on program designed to stimulate imagination, satisfy curiosity and encourage an interest in Science.

Location: Town Hall Annex

Dates: Wed., Oct 15 - Dec.3

Time: 5:00 p.m. - 5:45 p.m.

Fee: \$98.00/Child

Code: 42200B



JUNIOR "GOLF QUEST" SERIES

Introduction to golf swing fundamentals with woods, irons and the short game for the junior golfer.

Location: Golf Quest Family Sports Center,
1 Sand Cut Rd, Brookfield, CT

Date: Tues, Oct. 14- Nov. 4 Code: 43303A

Date: Weds., Nov.5 - 26 Code: 43303B

Date: Tues. Dec. 9-30 Code: 43303C

Date: Mon. Jan 5 - 26 Code: 43303D

Time: 4:30 - 5:30 p.m.

Fee: \$95.00 for 4 session series



GIRLS GRADES 3 - 8 LACROSSE OPEN

HOUSE SATURDAY, OCTOBER 11,

10 am-12 noon at BALLANTINE PARK

This orientation is for everyone who is curious about Lacrosse or who is ready to go!! The event will be highlighted by a women's college team!! Skill demonstrations, gear & info will be available. Bring your "LAX" stick if you have one or one will be provided. Our 3rd full season will commence in Spring. For more info call Lacrosse Booster Club President Mike Fleming 264-2601.



KARATE

Tae Kwon Do - from beginner to Black Belt - with instructors Chris Tessitore & Glynn McGlynn

Location: PES Cafeteria

Dates: Mon & Thurs, Oct 20 - Jan. 8, 2004

(No class 11/27, 12/25, 12/29 & 1/1)

Time 6:15-7:00 p.m.- Beginners

Code: 42602A

Time: 7:00-7:45pm-Green Belt & Up

Code: 42602B

Time: 7:45-8:30pm-Purple Belt & Up

Code: 42602C

Fee: \$60.00/Person



CHILDREN'S YOGA GRADES 1st - 8th

Children learn breathing & relaxation techniques. The yoga postures are taught in a fun & playful manner.

LOCATION: Woodbury Yoga Center

Dates: Wed., Oct. 29 - Dec. 17

Times: 4:30—5:30 pm

Fee: \$85.00 / 7 sessions

Code: 43103A



RAZZMATAZZ - AGES 6-9

Children will use a variety of materials to make special projects with instructor, Jan DuBois.

Please bring a smock.

Location: THA Arts & Crafts Room

Dates: Thurs, Oct 16 - Nov.20

Times: 4:00 - 4:45 p.m.

Fee: \$30.00/Child

Code: 42106A



ADULTS

ADULT CPR

Learn to deal with heart attack, choking - conscious and unconscious and other life threatening emergencies. Certification valid for 1 year. Instructor is Terri Schmidt - Northwest EMS.

Registration deadline is Oct 11.

Location: STS, Crawford Hall

Date: Tuesday, Oct 21

Time: 6:00 p.m. - 9:30 p.m.

Fee: \$45.00/ Person

Code: 43601A



INFANT/CHILD CPR

This course includes choking, rescue breathing and CPR for both the infant and the child. Certification is valid for one year. Instructor is Terri Schmidt - Northwest EMS.

Registration deadline is Oct 11.

Location: STS, Crawford Hall

Date: Thursday, October 23

Time: 6:30 p.m. - 9:30 p.m.

Fee: \$45.00/ Person

Code: 43602A

ADULT CPR RE-CERTIFICATION

Renew your skills if your one-year certificate has expired. Terri Schmidt, Northeast EMS, is your instructor.

RegistrationDeadline is Oct 14.

Location: STS, Crawford Hall

Date: Thurs, Oct 30

Time: 6:30 - 9:30 p.m.

Fee: \$45.00

Code: 43603A

STANDARD FIRST AID

Instructor Terri Schmidt - Northwest EMS, will train you to treat anything from burns to broken bones. Certification is valid for three years. Registration deadline is October 14.

Location: Training School, Crawford Hall

Date: Tuesday., Oct 28

Time: 6:30 pm -9:30 pm

Fee: \$45.00/ Person

Code: 43606A



FESTIVE FALL CRAFTS WITH RUBBER STAMPING

!! NEW !!

Learn to make a spooky card & Halloween candle and dress up your Thanksgiving table with hand crafted place cards using rubber stamps. All materials are included. Instructors are Kristen Balancia and Michelle Ingraham.

Location: THA Arts & Crafts Room

Date: Saturday, October 11, 2003

Time: 9:30 - 11:30 am

Fee: \$25.00

Code: 43400A



ADULTS

RUBBER STAMPING

!! NEW !!

PERSONALIZE YOUR HOLIDAY GIFTS

Create quick & cute cards & holiday gift packaging to enclose gift certificates and transform a simple tin can into a deliciously wrapped Christmas treat. Instructors are Kristen

Balancia and Michelle Ingraham.

Location: Town Hall Annex, Arts & Crafts Room

Dates: Sat., Nov., 8, 2003

Time: 9:30 - 11:30 a.m.

Fee: \$25.00

Code: 43402A



CO-ED VOLLEYBALL

Identification required to purchase 2003-04 Season Pass at the Recreation Office.

Location: Rochambeau Middle School Gym

Dates: Thurs, Nov 6 - Feb. 26

(closed 11/27, 12/25, 1/1, & 2/19)

Time: 8:15 - 10:00 p.m.

Code: 43302A Fee: \$12.00



MENS OPEN BASKETBALL

Season pass required. Bring I.D. to Recreation Office & purchase 2003-04 pass for \$12.00. Men over 18 are welcome.

Location: Rochambeau MS Gym

Dates: Tues. & Wed., Nov. 18, 2003 - Feb 11, 2004

No gym Nov., 26, Dec. 24, 30, 31 & Feb 4

Times: 8:15 pm—10:00 pm

Fee: \$12.00

Code: 43301A



EVENING AEROBICS

Get in shape with fun, low impact aerobics, stretching, toning and muscle conditioning led by instructor, Laura Weaving.

Location: Rochambeau Middle School Gym

Dates: Tues & Thurs, Oct 21 - Dec 16

(No class on Nov. 4, 11 & 27)

Time: 7:00 - 8:00 p.m.

Fee: \$40.00/Person

Code: 43502A



BEGINNERS YOGA

Gentle stretching exercises designed to strengthen, relax and revitalize body, mind & spirit. Increases circulation & tones internal muscles & organs. You will leave relaxed & revitalized.

Location: Woodbury Yoga Center

Dates:

Mon., Oct. 27 - Dec 15 - 5:30 - 7:00 pm

Tues., Oct. 28 - Dec. 16 - 7:30 - 9:00 pm

Wed., Oct. 29 - Dec. 17 - 9:30 - 11:00 pm

Thurs., Oct. 30 - Dec. 18 - 6:00 - 7:30 pm

Fri., Oct. 31 - Dec. 19 - 11:15 - 12:45 pm

Fee: \$95.00 / 7 sessions /

Missed classes can be made up

Code: 43102A



ADULTS

ADULT "GOLF QUEST" SERIES

Introduction to golf swing fundamentals with woods, irons and the short game. You may bring any wood club, or Golf Quest will provide you with the necessary equipment. Ages 16 & up. A bucket of balls will be provide at no additional charge.

Location: Golf Quest Family Sports Center

1 Sand Cut Road, Brookfield, CT

Date: Tues., Oct 14 – Nov. 4 Code: 43300A

Date: Wed., Nov 5 – 26 Code: 43300B

Date: Thurs., Dec 9 – 30 Code: 43300C

Date: Mon., Jan 5 – 26 Code: 43300D

Time: 6:00 – 7:00 p.m.

Fee: \$95/person



CARDIO KICKBOXING

Come join us at Southbury Academy of Karate & Fitness for a variety of exercise. Sign up for any two days per week. The cost is \$88.00 for 8 weeks. Classes start the week of October 20 and run till December 13, 2003.

Weight Resistance/Cardio Kickboxing

Mon. & Wed. 8:00 - 9:30 am, Oct 20- Dec. 10

Wed. & Fri. 9:00 -10:15 am, Oct. 22 - Dec. 12

Cardio Kickboxing with bag & floor work (Mon)

Step Aerobics/Bag & Floor Work (Tues)

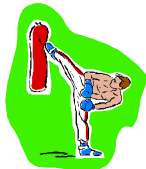
Mon. & Tues. 9:00 -10:30 am, Oct 20 - Dec. 9

Cardio w/ Weights

Sat., 8:00 - 9:30 am, Oct. 25 - Dec. 13

Code: 43500

Fee: \$88.00 for 8 weeks



COUNTRY LINE DANCING

Learn a variety of country line dances with instructor, Bill Gordon. Beginners and intermediates welcome. No sneakers!!

Location: Gainfield Elementary Cafeteria

Dates: Mon.. October 20 - November 24

Times: 7:00 - 9:00 PM

Fee: \$40.00

Code: 43200A



HOLIDAY CRAFT FOR ADULTS

CLAYPOT SNOWMEN

!! NEW !!

Join instructor Jandi Du Bois to create a holiday centerpiece using a variety of materials. All Materials for project are included, but please bring a glue gun & glue sticks.

Location: THA Arts & Crafts Room

Date: Wed., December 10

Times: 7:00 - 8:30 pm

Fee: \$25.00

Code: 43103A





TRIPS



UConn Huskies Football vs Rutgers at Rentschler Field

Enjoy the coach round trip bus transportation to see our own UConn Huskies !!

Location: Depart from the Town Hall Annex

Date: Saturday, Nov.. 8, 2003

Time: Depart at 10:00 a m., for a noon game

Will leave field 40 minutes after the game

Fee: \$30.00 per person

Code: 44000A



Macy's Thanksgiving Day Parade November 27, 2003

Enjoy coach bus transportation to the world's most celebrated Thanksgiving Day Parade. Non-residents are welcome..

LOCATION: Departs from the Town Hall Annex

DATE: Thursday, November 27, 2003

TIME: Departs at 6:30 am

Return after parade

FEE: \$20.00 per person CODE: 44001A



Radio City Music Hall Christmas Show

Enjoy round trip coach bus transportation and an orchestra seat for the 11:30 a.m. Christmas Spectacular. Non residents are welcome.

Location: Depart from the Town Hall Annex

Date: Saturday, December 6, 2003

Times: 8:00 am - 6:30 pm

Fee: \$95.00 per person

Code: 44102A



New Jersey Nets Basketball vs Boston Celtics

Come & see the New Jersey Nets who successfully defended the Atlantic Division then went on to win a 2nd consecutive Eastern Conference Championship culminating in another appearance in the NBA Finals.

Location: Depart from the Town Hall Annex

Date: Sunday, January 25, 2004

Time: 10:00 am for a 1:00 pm game

Fee: \$50.00 per person

Code: 44105A



Volume 1, Issue 1

2003—2004 BOYS / GIRLS BASKETBALL

PLEASE CHECK APPROPRIATE BOX(ES):

RECREATIONAL BASKETBALL ONLY ()

TRAVEL TEAM TRYOUT ()

**IF I DON'T MAKE TRAVEL, WILL STILL PLAY RECREATION LEAGUE ()

NAME _____ MALE _____ FEMALE _____
ADDRESS _____ HOME PHONE _____
DATE OF BIRTH ____ / ____ / ____ GRADE _____ AGE _____
MO DAY YEAR
SHIRT SIZE: CIRCLE CORRECT SIZE
YS YM YL AS AM AL XL
MOTHER NAME _____ FATHER NAME _____
WORK PHONE _____ WORK PHONE _____

IN CASE OF EMERGENCY, PLEASE CALL: (Other than parent/guardian)

MEDICAL RELEASE

I authorize all representatives of the Southbury Parks & Recreation Boys/Girls Basketball to act in my behalf for the purpose of obtaining emergency medical treatment for the registrant. (Circle one)

YES NO _____ Initial

Hospital child should be taken to:

WATERBURY ___ DANBURY ___ ST. MARY'S ___ GRIFFIN ___ OTHER _____

The registrant is adequately covered by an accident/health insurance? YES NO

INSURANCE CO. _____ POLICY # _____

Allergies/medical conditions/medications _____

Medications child cannot take: _____

I (We) agree to hold the Southbury Parks & Recreation Department and any person connected therewith and the Town of Southbury harmless from any and all claims for bodily injury and property damage arising from the use of facilities during the course of a Southbury Parks & Recreation sponsored activity.

PARENT'S OR GUARDIAN'S SIGNATURE

DATE

PROGRAM REGISTRATION FORM

PLEASE PRINT AND COMPLETE WHERE APPLICABLE

NAME: LAST _____ FIRST _____

IF CHILD: FATHER'S NAME _____ MOTHER'S NAME _____

ADDRESS: STREET _____ CITY _____ STATE _____ ZIP _____

PHONE NO: HOME _____ WORK: FATHER _____ MOTHER _____

EMERGENCY NAME AND PHONE NO. _____

CODE #	PROGRAM TITLE	FEE	AGE	GRADE	SEX	BIRTHDATE

LIST ANY ALLERGIES/ MEDICAL CONDITIONS ? MEDICATIONS:

MEDICATIONS CHILD CANNOT TAKE:

WAIVER OF TOWN LIABILITY:

I AGREE TO HOLD THE SOUTHBURY PARKS & RECREATION DEPARTMENT AND ANY PERSON CONNECTED THEREWITH AND THE TOWN OF SOUTHBURY HARMLESS FROM ANY AND ALL CLAIMS FROM BODILY INJURY AND PROPERTY DAMAGE ARISING FROM THE USE OF FACILITIES DURING THE COURSE OF A SOUTHBURY PARKS & RECREATION SPONSORED ACTIVITY.

I HAVE READ AND UNDERSTAND THE REGISTRATION AND REFUND PROCEDURES.

PARENT/GUARDIAN SIGNATURE: _____ DATE: _____

RETURN TO: SOUTHBURY PARKS AND RECREATION (203) 264-5858

421 MAIN STREET S., SOUTHBURY, CT 06488



Southbury Parks & Recreation

Welcomes Kids Ages 1-99

Director
Recreation Supervisor
Recreation Specialist
Secretary

Diane Schaefer
Carl J. Paternoster
Louise Mansour
Sue Klein

Chairman:

Glenn Ackerman

Ralph Camasso

Larry Ernst

Charles Guck

Phil Adams

Sal Cappuzzo

Charlie Rosa



Town of Southbury
421 Main Street South
Southbury, CT 06488